

# THE IMPACT OF FREE ASSOCIATION ON TEENAGERS' BEHAVIOR AT STATE SENIOR HIGH SCHOOL 3 CIMAHI

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## **Abstract**

*This research is entitled "The Impact of Promiscuity on Adolescent Behavior at SMA Negeri 3 Cimahi". Promiscuity is a social phenomenon that is often associated with behavior that is not in accordance with the norms and values that apply in society. This phenomenon can have negative impacts on individuals and communities, including increased physical and mental health risks, as well as the breakdown of social and family relationships. Teenagers are unstable individuals whose emotions are vulnerable to being uncontrolled by youthful self-control. Behavior is any form of activity carried out by individuals, organizations, or other living creatures that can be observed and measured. This includes any action, response, or reaction that can be noticed and assessed by other people or by certain measuring devices. Behavior can be influenced by a variety of factors, including the environment, culture, values, and individual experiences. The aim of this research is to ensure that today's teenagers are more focused in their relationships, namely by carrying out positive and useful activities for themselves, their families and the surrounding community, also so that teenagers do not get caught up in promiscuity, describe supporting and inhibiting factors, and describe practical and theoretical implications. The method used is a qualitative approach and informant selection techniques using the case study method. There are several data collection techniques used, namely 1) Observation, 2) In-depth interviews, 3) Document study. The number of informants is 3 main informants and 1 supporting informant. As a result of this research, researchers found information that the impact of promiscuity is 3 negative activities, namely 1) Alcohol consumption, 2) Drug abuse, and 3) Free sex. There are several factors driving promiscuity, namely, lack of family communication, disharmonious family (Broken Home), peer influence and identity crisis.*

## **Keywords:**

*Promiscuity, Behavior, Teenagers*

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## INTRODUCTION

Adolescence is a time when an individual experiences a transition from one stage to the next and experiences changes in emotions, body, interests, behavioral patterns, and is also full of problems. Therefore, adolescents are very vulnerable to experiencing psychosocial problems, namely psychological or mental problems that arise as a result of social change. Free association is a social phenomenon that society needs to be aware of. Especially for every parent, it is necessary to provide good education and teaching to children so that they do not fall into the problem of free association. Humans as social beings cannot be separated from togetherness with other humans (Hurlock, 1998). A person will try various bad behaviors from free association such as drinking alcohol, drugs, free sex, and even doing other dangerous actions. In this case there must be someone else to remind him and guide him to the right path (Kartono, 2006).

Free association is a form of juvenile delinquency that refers to negative behavior as an expression of adolescent rejection. Many teenagers today misunderstand the true meaning of free association. They only know that we are free to do whatever is in their minds. Free association can also be defined as a deviation of a person's association from the correct association, wild association. The main factor of the problem is the lack of understanding of today's society regarding the boundaries of association between men and women. In addition, it is supported by the current of modernization that has gone global and the weakness of our fortress of faith which has resulted in the entry of foreign cultures without strict selection. We have known that most western nations are secular nations, all of

their cultures are far from religious norms. This is certainly contrary to Indonesian culture which upholds religious values and Pancasila (Tut Wuri. 2007).

Behavior is any form of activity carried out by individuals, organizations, or other living things that can be observed and measured. It includes any action, response, or reaction that can be observed and assessed by others or by a measuring device. Behavior can be influenced by a variety of factors, including the environment, culture, values, and experiences of the individual. In psychology, behavior is often studied as part of the study of how individuals interact with their environment and how certain factors influence their actions and decisions (Adventus, et al., 2019).

## METHOD

This study was conducted to obtain a complete and in-depth description and produce a theory. This study focuses on the Role of Caregivers in Developing Children's Independence at the Rumah Berkah Foundation. In this study, the researcher provides material on the Role of Caregivers in Developing Children's Independence at the Rumah Berkah Foundation. Based on this, the researcher chose to use a qualitative method because the researcher wanted to understand in depth and create a comprehensive and complex picture presented in words and describe the conditions related to the title of the study, namely the Role of Caregivers in Developing Children's Independence at the Rumah Berkah Foundation.

## RESULT AND DISCUSSION

The behavior of free association has changed over time, influenced by the development of the era and influenced by

increased access to information. These changes cover various aspects, ranging from communication patterns to more permissive social behavioral norms. Some striking changes include the increased use of social media for interaction, shifts in moral values, and changes in the dynamics of relationships between individuals. The impact of these changes can be positive, such as increased individual freedom and self-expression, but can also have negative consequences such as physical and mental health risks, and social problems. Changes in adolescent behavior in free association require a holistic approach and cooperation from various parties, including family, school, community, and government. With coordinated efforts, it is hoped that adolescent behavior can be directed in a more positive and constructive direction. In the research studied, there were 3 types of free association behavior, namely:

#### 1) Alcohol consumption

Alcohol consumption in adolescents can affect their behavior and is often associated with promiscuity. Alcohol can reduce a person's ability to make wise decisions and control impulses. Teenagers who are drunk may be more likely to engage in risky and unplanned behavior. Teenagers who are drunk may be more likely to get involved in fights or become victims of violence. Lack of awareness of a group or environment so that teenagers can buy alcohol easily and can find it anywhere. Thus, teenagers in the influence of a free environment are certainly not free from alcoholic drinks.

#### 2) Drug Abuse

Drug abuse in free association among teenagers can have a very detrimental impact on various aspects of teenagers' lives. Illegal drugs can damage vital organs such as the

liver, heart, and brain. Some drugs can cause psychosis disorders, where teenagers experience hallucinations and delusions. Teenagers can quickly become dependent on drugs, causing an ever-increasing need to get higher doses, making it dependent and difficult for teenagers to stop using drugs, even though they are aware of the negative effects. To get drugs, teenagers may buy prescriptions in this case is an illegal activity.

#### 3) Free Sex

Free sex in free association among teenagers can bring many negative impacts that need to be watched out for. Teenagers who engage in free sex are at higher risk of contracting STDs such as HIV/AIDS, gonorrhea, syphilis, herpes, and chlamydia. Engaging in sexual activity can disrupt adolescents' focus and concentration on their education, which can have a negative impact on academic achievement. Teenagers who engage in free association may be more vulnerable to sexual violence, including coercion and sexual harassment.

### **Teenagers' Attitudes Response Towards Free Association**

Teenagers' responses to promiscuity can vary depending on various factors, including family background, education, peer influence, and personal values, but in the study conducted at SMA Negeri 3 Cimahi, such as invitations to drink alcohol or drugs and free sex.

### **Communication With Parents**

Effective communication between parents and teenagers is very important in preventing promiscuity. In many cases, there is a lack of communication between parents and teenagers due to being busy and other things. By maintaining open, honest, and caring

communication, parents can provide a strong foundation for their children to grow and develop into confident and responsible individuals. Communication between parents and children plays a very important role in the development and well-being of children. If there is a gap in communication, teenagers will be confused and will not know who to tell, so they feel less cared for and will seek happiness outside the family environment.

### **The Role of Guidance and Counseling Teachers in Anticipating Free Association at SMA Negeri 3 Cimahi**

Socializing has a very big influence on the formation of a person's personality, Free association in the category of using alcoholic beverages and illegal drugs has become a public discussion, both in rural and urban areas, but it is rampant in urban areas so that it has a very bad influence and violates social norms and laws. BK teachers have a very important role in dealing with free association among students. Such as:

1. Provide education about the risks and negative impacts of promiscuity.
2. Help students develop healthy social skills.
3. Provide appropriate sexual education and relevant moral and ethical values.
4. Provide individual or group counseling sessions for students who need help in overcoming problems related to promiscuity.

By carrying out these roles, BK teachers can help students avoid free association and create a safer school environment that supports their holistic development.

### **Guidance and Counseling Teacher Education for Teenagers at State Senior High School 3 Cimahi**

The role of Guidance and Counseling (BK) teachers is very important in overcoming promiscuity among students. Through individual counseling sessions, BK teachers can help students who experience pressure from promiscuity, provide emotional support, and offer appropriate solutions, as well as hold counseling sessions or group discussions about the dangers of promiscuity, where students can share experiences and learn from each other small things like BK subjects in every grade 10 to grade 12. With these steps, BK teachers can play an active role in educating and preventing promiscuity among students. Teaching strong moral and ethical values, as well as developing good decision-making skills, can help students avoid promiscuity.

### **Inhibiting and Supporting Factors of the Impact of Free Association on Adolescents at SMA Negeri 3 Cimahi**

Free association is influenced by various factors that can support or inhibit the occurrence of this behavior. This action is a behavior that leads to something negative. Free association is not an action that has just occurred, but is influenced by several factors that trigger this action. As stated by Erik Erikson, adolescents experience an identity crisis and role confusion, which can cause them to seek new experiences, including free association. By understanding these factors, parents, educators, and policy makers can work together to create an environment that supports positive adolescent development and reduces the risk of free association.

### **Supporting Factors for the Impact of Free Association**

There are several supporting factors for teenagers who fall into promiscuity, including:

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1. Family relationships are the main and influential factor in the formation of deviant behavior, the family has a very large influence on a person's development. Low levels of education make someone easily influenced to engage in free association. Someone who is less cared for by their family will easily fall into negative things that lead to free association. for example, parents give permission for their children to date but do not carry out proper supervision so that the child has free sex and gets pregnant outside of marriage.
2. A less harmonious family, a disharmonious family condition or broken home is also a cause of free association. Broken home is not always associated with parental divorce but it could be a family condition where there are always arguments so that the condition of the house is no longer comfortable. This situation makes them get less attention from both parents. This causes someone who is in a broken home family condition to seek an outlet or escape to get attention and affection outside the home, one of which is to negative things such as free association.
3. The influence of peers, habits from negative friendships and the desire to be accepted in certain social groups can encourage teenagers to engage in free association.
4. Identity crisis and search for identity, Adolescence is a period of searching for identity, and without proper guidance, teenagers may try various things, including free association, as a way to find their identity.

### **Inhibiting Factors of Free Association on Behavior**

Based on the research results, in addition to factors that can support the concept of free association, there are a number of factors that can inhibit or minimize the impact. These factors function as protectors that help protect teenagers from the negative effects of free association and support them in developing healthy and positive behavior, namely:

1. Parental supervision and strengthening communication within the family, Parents must build open and trusting communication with their children, provide emotional support and necessary direction. Clear support and direction from parents are very important in shaping the character and decisions of adolescents.
2. Comprehensive moral education, schools and families can provide a clearer understanding of the risks and consequences of free association. This education must include moral and ethical values.
3. Positive social environment, A supportive social environment, such as friends who have positive values and communities that are active in useful activities, can help divert adolescents' attention from negative behavior.

With the presence of these various inhibiting factors, it is hoped that the negative impact of free association on adolescent behavior at school can be reduced significantly. This will help create a safer school environment and support adolescent personal development..

### **Theoretical and Practical Implications in Handling the Impact of Free Association on Adolescent Behavior at SMA Negeri 3 Cimahi**

### **Theoretical Implications**

The research topic related to the relationship between free association and adolescent behavior at SMAN 3 Cimahi can help identify the concept of free association and overcome factors that can support free association, such as family environment, social environment, and providing deeper education for adolescents. Free association can be a way for adolescents to explore their identity. With implications for Social Welfare Science which is designed as a form of directed effort in providing services in terms of social, moral, educational and others..

### **Practical Implications**

Addressing the impact of promiscuity on adolescent behavior requires a comprehensive and integrated approach. This approach must involve various parties including family, school, community, and government. The goal is to minimize the negative impact of promiscuity and encourage the development of healthy and positive behavior. overcoming the damage to adolescent social behavior due to drug-related crimes which are feared to increase every year. By analyzing the social behavior of adolescents involved in drug and alcohol-related crimes in several cases, involvement in promiscuity can be related to criminal behavior or other juvenile delinquency. It is hoped that all parties involved in efforts to overcome this problem can pay more special attention to adolescents involved in drug-related crimes who will later become the next generation of the nation so that they can also play an important role and make a good contribution in the future..

Social workers have an important role in addressing the issue of promiscuity among teenagers. The relationship between social workers and promiscuity involves various

aspects, from prevention to intervention and ongoing support. Social workers serve as a liaison between clients and related agencies/organizations to build professional cooperation and collaboration to realize the welfare of clients. Social workers in cases of promiscuity can help in providing educational services as part of legal protection, as a provider of facilities, and so on.

### **CONCLUSION**

Free association is a social phenomenon that is often associated with behavior that is not in accordance with the norms and values that apply in society. This phenomenon can have negative impacts on individuals and communities, including increased risks of physical and mental health, as well as the breakdown of social and family relationships. Association in adolescents has positive and negative impacts on the development of adolescent behavior. If the adolescent's social environment provides a good example, then the individual will behave well (positive), but conversely, if the social environment provides a bad example, then the individual will also behave badly (negative). Through a comprehensive and collaborative approach, including sexual education, mental health support, good communication with parents, and adolescent development programs, the negative impacts of free association can be minimized. Effective interventions can help adolescents make healthy and responsible decisions, and support their development towards a better future.

Judging from the factors that cause deviant behavior in teenagers with free association, it is known that there are various causes that come from internal and external such as the influence of the friendship environment and

the influence of family education, these teenagers behave deviantly. With the beginning only invited by friends so that they become addicted and seek pleasure outside the school and family environment, although they are often socialized about their negative impacts, if there is no desire to change into a better person than themselves, it will still be in vain. With such behavior, it will indirectly have a bad impact on themselves

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